

BAR MENU

Children's Menu

Choose any children's main meal & a drink

Main meals:

- Bangers, mash & beans**
- Fish fingers, chips & peas**
- Ham, egg & chips**
- Burger, chips & beans**
- Cheese or ham sandwich, crisps & salad**
- Chicken nuggets, chips & beans**
- Half jacket potato with cheese or beans**
- Spaghetti bolognese**

Drinks:

- Fruit shoot**
- Orange or cranberry juice**
- Fresh milk**
- Iced water & lemon**
- Coke or lemonade**

Desserts:

- Mixed ice cream** £3.00
- Creamy rice pudding** £3.00
- Bananas & custard** £3.00
- Ice cream sundae** £3.50

For children
12yrs and
under



Sandwiches

Fresh sandwiches on white or brown or warm ciabatta
Add crisps, dressed leaves and coleslaw for £1 extra.
Add chips for £3 extra

- Suffolk ham & wholegrain mustard mayonnaise** £6.50
- Cheddar & red onion chutney** £6.50
- Egg mayonnaise** £6.25
- Tuna mayonnaise & cucumber** £6.80
- Chicken breast, mayonnaise, buffalo tomato and lettuce** £6.95
- Prawn salad** £7.75
- Smoked salmon, cucumber & cream cheese** £7.95

Desserts

- White chocolate cheese cake**
Served with cream
- Strawberry meringue ice cream sundae**

- Warm ginger sponge pudding**
Served with custard or ice cream
- Dark chocolate brownie**
Served with vanilla pod ice cream
- Bakewell tart**
Served with custard

- Apple pie**
Served with custard
- Selection of premium ice creams**
- All £5.25**

Hot Ciabatta

Hot ciabatta sandwiches, served with crisps, dressed leaves and coleslaw. Add chips for £3 extra.

- Croque monsieur** £8.50
Toasted ham and cheese
- Minute steak** £9.75
Caramelised red onions, rocket
- Club sandwich** £8.95
Grilled chicken, egg mayonnaise, bacon, cheese, mixed leaves
- Portabella cheese steak** £8.75
Cheddar, mushrooms, peppers and red onions
- Tuna melt** £8.50
Tuna, red onion and cheddar cheese

Jacket potatoes

Why not enjoy one of our freshly baked jacket potatoes topped with one of the following fillings

- Cheddar cheese** £6.50
- Baked beans** £6.25
- Add cheese** £0.80
- Prawns & marie rose sauce** £8.95
- Tuna mayonnaise** £7.80
- Chilli con carne/3 bean chilli** £8.95
- Add cheese** £0.80
- Bolognese** £8.95
- Add cheese** £0.80

Beverages

- Espresso** £2.00
- Americano** £2.30
- Flat white** £2.40
- Cappuccino** £2.70
- Latte** £2.70
- Liqueur coffee** £4.50
- Hot chocolate** £2.50
- Luxury hot chocolate** £3.50
- Traditional english tea** Pot for 1 £2.10
- or a choice of worlds tea** Pot for 2 £3.65
- Cakes & biscuits** from £2.00



HOW TO ORDER

Find a vacant table noting your table number, place your order at the bar, pay and we will bring your food to you. Please purchase all your drinks at the bar. Every effort is made to make your pub experience with us an enjoyable one - please inform a member of the team if you find anything unsatisfactory.

BAR MENU

FOOD SERVED FROM 10am ALL DAY UNTIL 9pm

All of our food is cooked fresh to order, there may be a delay at busy times.

Please always inform your server of any allergies before placing your order as not all ingredients can be listed and we cannot guarantee the total absence of allergens in our dishes. Detailed allergen information is available on request and allergen charts, just ask one of our team members.

All prices include VAT @ 20%



Breakfast

Served all day from 8am-9pm



Traditional English breakfast or veggie £7.50

Free range egg, sausage, bacon rasher, tomato, flat mushroom, baked beans, hash brown and freshly toasted bread

Mega breakfast or veggie £10.00

2 eggs, 2 bacon, 2 sausages, tomato, flat mushroom, baked beans, hash brown and freshly toasted bread

Bacon or sausage butty £4.50

Local lean smoked bacon, sandwiched between granary or white bread

Eggs on toast with baked beans £5.50

Choose from fried, poached or scrambled free range eggs on white or brown toast

Eggs benedict £9.50

Poached eggs served with smoked salmon and hollandaise sauce.
Also available with ham instead of salmon

Light Bites

Hot soup of the day £4.95

Served with our fresh artisan bread

BBQ pork belly ribs £5.50

Served with our dressed house salad

Beer battered plaice goujons £6.00

Homemade tartare sauce and lemon

Whole baked english camembert £7.00

With rosemary oil, onion chutney & crusty bread

Marinated teriyaki chicken strips £6.50

Chilli and lime yoghurt & garden salad garnish

Prom prawn cocktail £7.50

Atlantic prawns, marie rose sauce, salad and buttered granary bread

Grilled flat mushroom £5.75

Stuffed with bingham blue cheese, rocket and balsamic reduction

Roasted mediterranean vegetable quiche £6.50

Rocket and pine nut salad

Trio of chicken, duck & pork liver pate £6.25

Fig relish & bread thins

Sharers suitable for two people

Prom platter £12.95

BBQ chicken wings, beer battered onion rings, garlic bread, breaded mushrooms, aioli and sweet chilli dips

Fish platter £12.95

Breaded scampi, whitebait, salt & pepper squid, tempura king prawns, tartare sauce and lemon

Pub Favourites

Cottage pie £9.00

Butchers best mince topped with mashed potatoes & cheddar served with greens

Grilled local pork sausages £9.75

Creamed potatoes, greens, red onion gravy. Vegetarian available with quorn sausages

Wild field mushroom stroganoff £9.95

Basmati rice, sour cream

Italian lasagne £10.50

Garlic bread, house salad
(Add chips for £2 extra)

Chilli con carne / 3 bean chilli £10.50

basmati rice, nachos and sour cream
(Add cheese for 80p)

Vegan penang curry £10.95

Steamed patna rice

Steak & ale pie £11.25

Served with either chips & peas or creamed potatoes and seasonal greens

Hunters chicken £11.95

Chargrilled chicken breast topped with bbq sauce, smoked bacon and cheese, house salad and sweet potato chips

Chicken tikka masala £10.95

steamed rice, garlic and coriander naan, poppadom

Spaghetti bolognaise £9.25

Spicy Singapore noodles £10.25

Egg noodles tossed with chilli, carrots, red pepper, spinach with rice wine and soy

Add chicken strips £12.00

Add tiger prawns £13.95

Home baked ham served cold £10.00

2 free range fried eggs and chips

Salads

Always the [healthy option](#) & [freshly](#) prepared to order

Prom garden salad bowls £9.00

cherry tomatoes, mixed leaves, sprouting broccoli, potatoes, fine beans, cucumber, peas, honey & mustard dressing

Add:

Poached Scottish salmon £12.25

Ham or turkey £12.75

Grilled sardines £13.25

Tuna mayonnaise £12.00

Caesar salad £9.95

Baby gem lettuce, cherry tomatoes, croutons, parmesan shavings, anchovies & caesar dressing

With chicken £12.50



From the Grill

Steaks

All steaks are matured for 21 days to give you the tenderness and flavour, then cooked just the way you like them

10oz ribeye steak £20.00

chips tomato and mushrooms

10oz sirloin steak £20.00

chips, tomato and mushrooms

Suffolk gammon steak £13.00

chips, hens eggs or pineapple, tomato & peas

Add sauce £1.95

peppercorn or diane or wholegrain mustard

Burgers

6oz beef burger made from 100% aberdeen angus, sour dough bun, salad, lettuce, tomato, onion, mayonnaise and chips.

Plain Jane £10.50

6oz burger plain and simple

Smokey bacon & cheddar £11.50

smoked back bacon, smoked cheddar cheese

Southern £11.95

breast of chicken in southern fried coating

Chilli burger £11.95

6oz burger topped with chilli con carne

Veggie £11.00

butternut, goats cheese & beetrot burger topped with cheddar cheese

Seafood

Breaded scampi £10.95

Chips, tartare sauce, peas and lemon

Deep fried North Sea cod £12.75

Chips, garden peas, lemon & tartare sauce

Seared fillet of Scottish salmon £14.50

Creamed potatoes, sautéed greens, hollandaise sauce

SEE OUR CHALKBOARD
FOR DAILY SPECIALS

Vegetarian

Vegetarian breakfast £8.50

Free range eggs, quorn sausages, tomato, mushroom, baked beans, hash brown & freshly toasted bread

Butternut, goats cheese & beetroot burger £11.00

Spicy Singapore noodles £10.25

Egg noodles tossed with carrots, red pepper, spinach with rice wine and soy

Three egg omelette £9.75

Cheese, tomato & mushroom with chips & salad garnish

Spinach & ricotta cannelloni £10.75

Garlic bread

Quorn sausages, creamy mash & onion gravy £9.75

Vegan

Vegan soup of the day £5.50

Vegetable penang curry & rice £10.95

Black bean & broccoli jambalaya £10.25

Red pepper, aubergine, bean chilli and rice £10.50

Jacket potato £6.00

Baked beans & side salad

Fresh fruit salad £5.75

Vegan ice cream £5.75

Sides

Battered onion rings £2.50

Chips £3.00

Sweet potato chips £3.50

Skinny chips £3.00

Creamed potatoes £3.00

Sautéed greens £3.00

Fresh garlic bread £3.25

Coleslaw £2.50

Mozzarella garlic bread £3.50

Rustic house salad £3.50

Sauces £2.50

MEAL & DRINK DEAL ONLY £10

Monday-Friday
12pm 'til 6pm

DRINKS

Choose between:

Fosters (pint)

John Smiths (pint)

Wolf Jackal (pint)

Red or White

House Wine (1.75ml)

Coca-cola or

Lemonade

Coffee or Tea

MEALS

MONDAY

Plain Jane

6oz 100% beef burger in a sour dough bun served with lettuce, tomato, red onion & dill pickle, chips and coleslaw. Or veggie. Add cheese 80p Add bacon £1.50

TUESDAY

Curry Day

basmati rice, naan bread, poppadom, mango chutney, onion salad and mint raita. Or vegan penang curry.

WEDNESDAY

Cottage Pie

butchers best mince topped with mashed potatoes & cheddar, served with greens. Or spinach ricotta cannelloni.

THURSDAY

Bangers & Mash

premium pork or vegetarian sausage, creamy mash, onion gravy & peas.

FRIDAY

Beer

Battered Cod

chips, garden peas & tartare sauce. Or omelette-chips & salad.