


THE
SEAFOOD
RESTAURANT

COLD STARTERS

PINNEYS, BUTLEY CREEK ORFORD FRESH OYSTERS (6) served raw on a shell with lemon & shallot vinegar	£12.00
SMOKED SCOTTISH SALMON	£8.75
PRAWN & CRAB CLAW COCKTAIL	£10.75
TARAMASALATA smoked cod roe, olive oil, lemon & warmed pita bread	£7.50
OCTOPUS SALAD marinated with olive oil	£7.50
CROWN OF CANTALOUPE MELON with oranges in Curacao	£8.50
SWEET CURED HERRING potato salad, laced with horseradish	£6.50
DUCK LIVER PATE orange marmalade, rocket salad garnish	£7.50

HOT STARTERS

OYSTER ROCKEFELLER (3) pernod, spinach, parmesan, butter, breadcrumbs	£9.00
SEAFOOD GUMBO mix of lobster & prawn, onions, bell peppers, garlic, okra and a spicy kick	£7.50
GRIDDLED KING PRAWNS (4) plain with shell on and garlic butter	£8.00
SEARED SCALLOPS (3) charred leek, onion broth and pink purslane	£10.80
BUTTON MUSHROOMS IN CREAMY GARLIC SAUCE warm sour dough	£6.50
CRISPY WHITEBAIT rocket and pine nuts salad garnish	£7.50
HAND BATTERED COD CHEEKS minted pea puree	£8.00

ALTERNATIVE MAINS

CHICKEN SUPREME creamy garlic, mushroom, white wine sauce, vegetables and potatoes	£15.00
FINEST LINGUINE smoked haddock, mussels & fresh water shrimps in a rich tomato sauce	£16.50
6oz FILLET STEAK confit garlic tomato, mushrooms, peas & a choice of potatoes	£23.00
- ADD SAUCE	£3.00
PEPPERCORN - GARLIC BUTTER	
BLUE CHEESE - BURGUNDY SAUCE	
with SCAMPI PROVENCAL or 3 TIGER PRAWNS	£28.50
BURGERS All our burgers are 6oz and made of 100% beef from the renowned breed Aberdeen Angus. Served on sour dough bun with lettuce, tomato, red onion, dill pickle and chips	
CHEESEBURGER topped with mature cheddar cheese	£13.00
STROLLERS DELUXE BURGER mature cheddar cheese, bacon, bbq sauce, onion rings, flat mushroom & free-range egg	£16.50
BEEFBURGER with SCAMPI PROVENCAL	£18.50
BEEFBURGER with 3 TIGER PRAWNS	£16.50

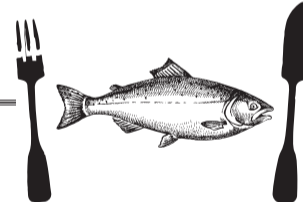
SEAFOOD MAINS

FRESH SALMON hollandaise sauce, potatoes and vegetables	£15.50
SMOKED HADDOCK panko breaded poached egg, creamed potato and peas	£16.50
BAKED SEABASS PAPILOTE baby tomatoes, fennel, lemon thyme, spinach, new potatoes & white wine	£19.50
GRIDDLED KING PRAWNS (8) mixed salad or vegetables and a choice of potato	£15.00
FILLET OF LEMON SOLE creamy lemon butter sauce, potatoes & roasted vegetables	£22.00
MILLIONAIRE FISH & CHIPS champagne battered cod with chunky chips with our house mushy peas & pickled gherkin	£16.50
SCAMPI PROVENCAL sautéed in white wine, onion & garlic in a tomato & cream sauce and boiled long grain rice	£19.00
GRILLED SKATE WING capers, lemon butter, potatoes and vegetables OR beer battered and deep fried with hand cut chips and minted peas	£19.50
DOVER SOLE (pre order only) plain grilled with parsley butter	market price
SPICY SINGAPORE NOODLES with SALMON FLAKES or TIGER PRAWNS	£11.50 £15.00
FISH & SHELLFISH PIE salmon, white fish and prawn topped with cheesy mash with vegetables or salad	£16.00

SET PRICE MENU

also available - please ask your server

2 COURSES £22 - 3 COURSES £27



VEGETARIAN

VEGETABLE LINGUINE vegetables, mushrooms, onions, tomatoes & garlic	£14.50
SPICY SINGAPORE NOODLES	£11.50
PORTOBELLO MUSHROOM & SWEET POTATO TART served with potatoes and vegetables	£12.75
SPINACH & RICOTTA CANNELLONI topped with buffalo tomato and garlic bread	£13.50

POTATO CHOICES

BOILED JERSEY ROYALS, LYONNAISE, SKINNY FRIES, SAUTÉ, CHUNKY FRIED CHIPS

ADDITIONAL SIDES

MEDITERRANEAN VEGETABLES	£3.50
BOILED RICE	£3.00
COCONUT RICE	£3.50
GREEN SALAD	£3.50
TOMATO & RED ONION SALAD	£3.50

all prices inclusive of VAT @ 20%

Strollers 
THE
SEAFOOD
RESTAURANT

MENU

fresh oyster

the king of the molluscs, however, isn't just good for boosting the libido (possibly), it's packed with nutrients, protein, vitamins, minerals and healthy fats, not to mention zinc, copper and selenium. so much goodness in that gnarly shell.

fresh fish

fish is packed with stuff that's really good for you, including protein and vitamin D. It's also a great source of those omega-3 fatty acids that are so important for the health of your body and brain. and to top it all, fish is delicious!



www.strollers-seafoodrestaurant.co.uk

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