# BAR NENC

FOOD SERVED: 11.30AM ALL DAY, EVERY DAY 'TIL 9PM

> STROLLERS RESTAURANT: AVAILABLE FOR PRIVATE HIRE

SUNDAYS: ROAST MENU AVAILABLE ALL DAY

# **HOW TO ORDER**

Find a table noting your table number: place your order at the bar for food and drink, pay and we will bring your order to you or wait for your friendly server to take your order. Every effort is made to make your pub experience with us an enjoyable one - please inform a member of staff if you find anything unsatisfactory. All our food is cooked fresh to order, there may be a delay at busy times.

Please always inform your server of any allergies before placing your order as not all ingredients can be listed, and we cannot guarantee the total absence of allergens in our dishes. Detailed allergen information is available on request and allergen charts, just ask one of our team members. Unfortunately, due to the uncertainty of suppliers/transport/costs at the moment certain dishes may vary.

V = Vegetarian VG = Vegan GF = Gluten Free

# MEAL & DRINK DEAL only £14.00

Available Monday-Friday between 12pm & 6pm

# DRINKS choose between:

pint of fosters, carling, john smiths or wolf jackal, 175ml of red or white house wine, Coca-cola, lemonade, tea or coffee

MEALS

#### MONDAY Plain Jane

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6oz 100% beef burger in a brioche bun served with lettuce, tomato, red onion & dill pickle, chips and coleslaw

Add: cheese £1.50, Bacon £1.75,

Mushrooms £1.50, Caramalised red onions £1.50 or vegitarian option V

#### TUESDAY Curry day

today's fresh curry with basmati rice, naan bread, poppadom, mango chutney, onion salad and mint raita or vegan penang curry VG

# WEDNESDAY

Italian lasagne or spinach ricotta cannelloni V with garlic bread

#### THURSDAY

Bangers and mash premium pork or vegetarian sausage V with creamy mash, onion gravy

and peas

#### FRIDAY

Beer battered fish & chips

garden peas and tartare sauce or omelette chips and salad V

SEE CHALKBOARD FOR MORE DAILY SPECIALS

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Light Bites	
Hot soup of the day V, VG, GF	£6.45
fresh granary bread	
Duck liver & pork with port pate	£8.25
fig relish and bread thins	
Chicken goujons	£7.75
BBQ or sweet chilli dip	

#### **Seafood Starters**

Prom Atlantic prawn cocktail	£9.25
atlantic prawns, marie rose sauce	
salad and buttered granary bread	
Smoked scotch salmon	£10.75
lemon wedge, capers & wholemeal bread & butter	
Thai crab cakes	£9.25
salad garnish & sweet chilli dip	

### Sandwiches

- white or brown bread	
all served with salad garnish, crisps and coleslaw	
Posh fish finger sandwich	£10.50
crisps, salad garnish & tartar sauce	
Gammon ham	£8.80
add pickle or mustard mayo	
Mature cheddar cheese & pickle V	£8.75
Atlantic prawn & marie rose sauce	£9.75
Smoked scotch salmon	£10.25
Tuna, mayonnaise & red onion	£9.00

## **Toasted Paninis**

all served with salad garnish, crisps & coleslaw	
Gammon ham, cheese & tomato	£9.75
Tuna melt	£9.95
Halloumi, harissa and honey V	£9.75

#### **Jacket Potatoes**

salad garnish and:	
Mature cheddar cheese V	£9.50
Baked beans V	£8.50
add cheese V	£1.50
Tuna melt	£9.90
Atlantic prawn & marie-rose sauce	£11.95
3 bean chilli V	£10.75

#### Pizzas

choose from one of our delicious tomato based 12" pizz	as
Margarita V	£12.95
cherry tomatoes, mozzarella cheese & fresh basil	
Pepperoni	£14.75
shredded mozzarella cheese & pepperoni	
Mushroom V	£13.75
sautéed mushrooms, caramelised onions,	
garlic & mozzarella cheese	

For children 12yrs and

under

Meal and

Soft Drink

just

£8.50

# **Children's Meal**

- Burger, chips & beans
- Chicken nuggets, chips & beans
- Fish fingers, chips & peas - Bangers & mash, peas, carrots & gravy
- Macaroni cheese
- Drinks: Coke, lemonade, fruit shoot, juice or fresh milk

#### MAINS Seafood

#### Fried fillet of cod £14.75 chips, peas & tartar sauce Small fillet of cod £10.00 chips, peas & tartar sauce Fried wholetail scampi £14.25 chips, peas, salad garnish & tartar sauce Pan-seared fillet of salmon GF £17.95 lemon & honey glazed with crushed new potatoes and sprouting broccoli Pan fried fillet of sea bass £14.95 soy, ginger, spring onion, green beans & noodles

# Pasta, Noodles & Rice

Italian lasagne, garlic bread 🔰 🚍 🥼 🦳	£14.25
Spinach & ricotta cannelloni, garlic bread V	£14.25
Roasted vegetable lasagne VG salad garnish	£13.75
add cheese & garlic bread V	£3.50
Spicy Asian vegetable noodles V	£13.95
Penang curry & coconut rice VG Add to your curries and noodles	£14.50
prawns £4.00, chicken £3.50, Mock chicken VG plant bo	used £3.75

#### Grills & Meats

Grins a meats	
Bangers & mash	£11.50
premium pork sausage, creamy mash, onion gravy & peas	
Yorkshire ham GF	£11.50
2 eggs & chips	
Hunters chicken GF	£17.95
topped with bacon, BBQ sauce, melted cheese, corn	
on the cob, sweet potato fries or skinny fries & coleslaw	
Chefs steak & adnams short crust pastry pie	£15.75
with mash & vegetables OR chips & peas	
Sirloin steak GF	£22.95
flat mushroom, tomato, peas, chunky chips	
Add blue cheese sauce	£2.75
Add peppercorn sauce	£2.75
Lambs' liver & onions	£11.00
creamy mash, onion gravy & peas	
	M I N I E

#### **Burgers**

All our burgers are served with a brioche bun, onion, salad garnish, chips and coleslaw Finest 100% angus burger £13.50 Add monterey jack cheese £1.50 Deluxe burger £16.00 stacked with cheese, bacon, BBQ sauce, onion ring, flat mushroom, chips & fried egg Chicken burger (battered) £14.25 Goats cheese, beet, squash burger V £13.50

#### Sides

chips VG	£3.50	garlic bread	£2.75
add cheese V	£1.50	vegetables VG	£4.00
skinny fries VG	£3.60	coleslaw	£2.50
side salad VG	£4.00	baked beans VG	£2.50
battered onion rings	£3.00	peppercorn sauce V	£2.75
sweet potato fries VG	£4.00	blue cheese sauce V	£2.75

All £6.50

#### **Desserts**

#### Promerbockerglory V

Layered ice cream sundae with fruit, strawberry sauce, cream, meringue, sprinkles, wafer and a cherry on top

#### Apple pie & custard V, VG

Waffle sundae marshmallow, choccy ice cream, choccy sauce and a cherry on top

Chocolate pudding & chocolate sauce V Cheesecake of the day V