THE ()L) MEN

FOOD SERVED: 11.30AM ALL DAY, EVERY DAY 'TIL 9PM

> **STROLLERS RESTAURANT: CATERING FOR UP TO 50**

GREEN ROOM: CATERING FOR UP TO 120 AVAILABLE FOR PRIVATE HIRE

SUNDAYS: ROAST MENU AVAILABLE ALL DAY

HOW TO ORDER

Once seated, your friendly server will be over to take your drinks and food order, but feel free to order at the bar if you wish. Every effort is made to make your pub experience with us an enjoyable one - please inform a member of staff if you find anything unsatisfactory. All our food is cooked fresh to order, there may be a delay at busy times.

Please always inform your server of any allergies before placing your order as not all ingredients can be listed, and we cannot guarantee the total absence of allergens in our dishes. Detailed allergen information is available on request and allergen charts, just ask one of our team members. Unfortunately, due to the uncertainty of suppliers/transport/ costs at the moment certain dishes may vary.

> ***** DAILY SPECIALS **AVAILABLE** *****

V = Vegetarian VG = Vegan GF = Gluten Free

LIGHT BITES

Hot soup of the day v	£7.50
fresh brown bread	
Smoked & lightly spiced fried	£8.60
chicken wings	
ranch dressing & side salad	
Chicken liver & cognac pate	£9.50
toasted brown bread, red onion chutney	
Grilled field mushroom v	£8.75
toasted goats cheese & red onion marmalade	
on a toasted croute	
Beetroot & sweet potato falafel bites v gf	£7.95
mango chutney	

SEAFOOD STARTERS

Salt & pepper squid	£6.95
tartar sauce, lemon wedge	
Prom atlantic prawn cocktail	£10.50
atlantic prawns, marie rose sauce, salad garnish	
and buttered brown bread	
Seafood medley (suitable for 2 sharing)	£19.00
cockles, mussels, jellied eels, prawns, roll mop	
& brown bread & butter	
Smoked scotch salmon	£12.25
lemon wedge, capers, brown bread & butter	

JAGKET POTATOES

Salad garnish with:

Mature cheddar cheese v	£10.25
Baked beans vg	£9.25
Add mature cheddar cheese	£1.75
Prawn & marie-rose sauce	£12.95
Tuna & mayo	£12.50
3 bean chilli v	£12.00

SANDWICHES white or brown bread

Smoked scotch salmon	£11.25
Atlantic prawn & marie-rose sauce	£11.25
Tuna, mayonnaise & red onion	£10.00
Mature cheddar cheese & pickle	£9.75
Home cooked gammon ham	£9.75
Toasted ham & cheese panini	£10.95
Tuna melt panini	£10.50

PROM SALADS

	010.00
Prom garden salad bowls	£12.00

cherry tomatoes, mixed leaves, baby new potatoes, sweet corn, fine beans, cucumber, peas, honey & mustard dressing

Add:	
Baked scottish salmon with a honey,	£16.75
soy & ginger marinade	
Smoked scottish salmon & capers	£15.25
Prawn & marie rose sauce	£15.00
Cold sliced ham with farmhouse pickle	£14.75
Tuna & mayonnaise	£14.95
Beetroot & sweet potato falafel	£14.50
with chickpeas	
Chicken & smoked bacon	£15.25
Goats cheese, walnut & red onion	£14.75

SEAFOOD

Fried fillet of cod	£15.95
chips, peas & tartar sauce	
Small fillet of cod	£11.50
chips, peas & tartar sauce	
Fried wholetail scampi	£15.75
chips, peas & tartar sauce	
Pan-fried seabass	£16.95
creamy mash potato, fine beans, prawn & cockle broth	175
Baked scottish salmon with a honey,	£18.50
soy & ginger marinade gf	
rice and sprouting broccoli	

GRILLS & MEATS

Yorkshire ham, 2 eggs & chips gf	£12.75
Chefs steak & ale shortcrust pastry pie	£17.75
mash & vegetables OR chips & peas	
Sirloin steak	£24.50
mushrooms, tomato, peas & chunky chips	
add a sauce:	
peppercorn, blue cheese or garlic butter v	£3.00
Hunters chicken	£19.50
butterfly breast of chicken, hickory smoked	
BBQ sauce, smoked bacon, monterey jack cheese,	
sweet potato fries, coleslaw and corn on the cob	
Bangers & mash	£12.75
premium pork sausages, creamy mash, onion gravy	
& peas - vegetarian option available	

BURGERS

All our burgers are served with a bridging buri, or lion,	
salad garnish, chips and coleslaw	
Aberdeen angus burger	£14.75
add monterey jack cheese	£1.75
Deluxe burger	£18.75
stacked with cheese, bacon, bbq sauce, onion ring,	
flat mushroom & fried egg	
Chicken burger (battered)	£16.25
Fillet of fish burger	£14.75
tartar sauce	
Halloumi hash &	£15.95
portobello mushroom burger v	
kale aioli, brioche bun, salad garnish, coleslaw & chips	
Add 3 bean chilli v	£4.00
Double your burger	£4.00

Prawns £5.50 - Chicken £4.00

PASTA, NOUDLES & RICE	
Italian lasagne	£16.95
garlic bread & salad garnish	
Roasted vegetable lasagne v, vg	£14.50
salad garnish	
Add cheese & garlic bread	£3.50
Spinach & ricotta cannelloni v	£15.95
with garlic bread	
Seafood linguini	£17.75
mix of seasonal seafood, prawns, mussels & calamari	
cooked in a chilli & tomato sauce, slice of garlic bread	
Penang curry vg	£15.95
spicy aromatic coconut sauce, cauliflower, green beans	
& mange tout, peppers & steamed coconut rice	
Spicy Asian vegetable noodles v	£15.50
Add to your curry or noodles	

PIZZĄS

choose from one of our delicious tomato based 12" pizzas	
Margarita v	£14.95
cherry tomatoes, mozzarella cheese & fresh basil	
Ham, pineapple & mozzarella cheese	£16.50
Pepperoni	£16.95
shredded mozzarella cheese & pepperoni	

SIDES

Garlic bread v	£4.00
Mature cheddar cheese v	£1.75
Chips vg	£3.75
Vegetables vg	£4.50
Skinny fries vg	£4.00
Sweet potato fries vg	£4.50
Colesiaw v	£2.75
Baked beans vg	£2.75
Battered onion rings v	£3.50
Side salad vg	£4.25
Sauces:	
peppercorn, blue cheese or garlic butter \vee	£3.00

DESSERTS

All £7.50

Chocolate & orange cake

chocolate sponge filled with zesty orange flavoured frosting topped with chocolate orange icing, cream or vanilla ice cream

Promerbockerglory

layered ice cream sundae with fruit, strawberry sauce, cream, meringue, sprinkles, wafer and a cherry on top

Caramel apple pie gf

Trio of ice creams

Cheesecake of the day

Strawberry jam sponge

custard or ice cream

Cherry lattice tart

custard or ice cream

Children's Meal

- Bangers & mash, peas, carrots & gravy

Coke, lemonade, fruit shoot, juice or fresh milk

Meal and Soft Drink just £10.00

***** DAILY SPECIALS **AVAILABLE**
